



12-week supplementation and training study in the *Human Performance Laboratory*

Tests include:

Blood Draw

Muscular Strength and Endurance

Free Body Composition Analysis (DXA)

You must be MALE, between 35-55 years old, non-resistance trained, with ***no uncontrolled*** cardiovascular disease, metabolic disease, or hypertension, as well as currently not on testosterone replacement therapies.

Contact Matthew Stone for further information or to make an appointment (mss06@email.uark.edu; O: 479-575-8716; C: 254-723-5455).

This is part of a research project at the University of Arkansas.