

Adults \geq 40 Years Needed for a Muscle Loss with Age Study



Study Measures Include:

- Cognitive assessment
- Body composition assessment
- Blood draw
- Walking speed assessment
- Handgrip strength assessment

Participant Requirements:

Male or female \geq 40 years old
NOT currently diabetic, undergoing cancer treatment, or having disease or injury limiting daily activity

This is part of a research study at the University of Arkansas.

**If interested in participating, or for more information, please contact Ashley Binns.
(210) 216-3719; binns@email.uark.edu**