

Title: Active females wanted for a study looking at supplementation and exercise!

The University of Arkansas: Exercise Science Research Center is seeking females between the ages of 18-29 to participate in a research study evaluating the effects of sport supplementation on exercise performance.

Requirements for participation include:

- Females 18-29 years
 - Participation in aerobic exercise (i.e. running, biking, jogging, swimming) at least 2 days/week for the last 2 years
 - No pre-workout or creatine use for at least 6 months
- ***All participants will also receive a FREE body fat analysis and VO2 Max (aerobic endurance) test for their participation*****

For more information, contact Michelle Gray at rgray@uark.edu. "