<u>Participants Wanted for Research Study to Evaluate Personal</u> <u>Health! (\$20+ Compensation)</u>

The Exercise Science Research Center is seeking adults between 18-55 years old with no chronic illness or injury. This study will involve four visits to the Exercise Science Research Center and 1-3 periods of 24-hour nutrition monitoring.

Subjects who qualify for this study will receive \$20 to \$320 for participating.

For details or to sign up, contact Annelise Zaring at anzaring@email.uark.edu.

Learn more about this and other studies at ExerciseScience.uark.edu.

The principal investigator is Matthew Ganio. This study has been approved by the University of Arkansas, Institutional Review Board for Human Studies, Fayetteville.

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